

# Cancer as a consequence of the rising level of oxygen in the Late Precambrian

JOHN M. SAUL AND LAURENT SCHWARTZ

## LETHAIA



Saul, J.M. & Schwartz, L. 2007: Cancer as a consequence of the rising level of oxygen in the Late Precambrian. *Lethaia*, Vol. 40, pp. 211–220.

The origin of multicelled animal life required collagen-family molecules whose own formation depended on the availability of molecular oxygen. Cancers, by contrast, are characterized by their low use of oxygen. In discussing the relationship between the origin of multicelled life and the origin of cancer, it is useful to think in terms of tissues rather than individual cells or complete animals. When animal tissues are disturbed, their constituent cells may be partially released from the constraints of multicellularity. This permits or obliges cells to reactivate anaerobic metabolic ways used by their single-celled ancestors in the oxygen-deficient Precambrian seas. Inhibition or loss of cell respiration under such circumstances may cause reversion to glycolytic fermentation, a less efficient metabolic style that generates waste products that are retained, thereby producing excess cell-growth. Distortion of tissue architecture may ensue with impairment of cell-to-cell adhesion, thereby liberating individual cells. Cells freed from tissue constraints undergo Darwinian variation which leads to loss of differentiation and produces cell types that are incompatible with the normal functioning of tissues. These steps, which may manifest themselves as carcinogenesis, are not reversible by restoration of oxygen and in effect constitute a demerger from the metazoan state. The existence of cancer among diverse phyla and especially among domesticated animals, suggests that the risk of cancer may be an initial condition of complex multicellular life and that it remains preferentially associated with newly modified designs. If so, there would be therapeutic strategies that have not yet been adequately considered. □ *Cambrian explosion, cancer, cell differentiation, collagen, glycolysis, hard parts, metazoan origins.*

John M. Saul [john.saul@wanadoo.fr], ORYX, 3 rue Bourdaloue, F-75009 Paris, France; Laurent Schwartz [laurent.schwartz@polytechnique.edu], Service de Radiothérapie-Cancérologie, Hôpital de la Pitié-Salpêtrière, 73 Boulevard de l'Hôpital, F-75013 Paris, France; Received 21st October 2004, revised 4th February 2007.

Cancer is meaningful only in reference to complex multicelled life. A single-celled creature cannot get cancer. Thus, when the 1931 Nobel Laureate Otto Warburg demonstrated that healthy cells used far greater amounts of oxygen than cancer cells, the results were necessarily tied to the world of multicellular life. Decades later, Nursall (1959) became the first of many to argue that complex multicelled life could not have emerged until the oxygen level of the oceans had surpassed some critical threshold.

In this paper we propose that Nursall's ideas can be combined with Warburg's results to situate the origin and nature of cancer within the early history of metazoan life. In addition, we reaffirm Graham's contention that 'evolutionarily significant events that occurred in the deep past were more momentous than more recent events because the number of descendants ... affected by the event was immensely larger' (Graham 1992, p. 46).

## The Cambrian Explosion and the origin of the major animal groups

Fossils indicate that multicelled animals containing specialized cells did not appear until some 80% of the way through the history of life on Earth. Unambiguous fossils of metazoan animals dated to 543 Myr are preceded by fossilized tracks, trails and burrows and by very small soft-bodied animal-like forms datable to ca. 600–580 Myr (Chen *et al.* 2004). Whether metazoans emerged abruptly in the course of the Cambrian Explosion around 543 Ma, or from a cascade of events commencing around 600 Myr or even before, one thing is sure: multicelled animals have been around for only a relatively small part of the history of life on Earth.

The metazoans, all of which began as marine creatures, can be classified in accordance with their body plans, distinct geometrically-defined designs

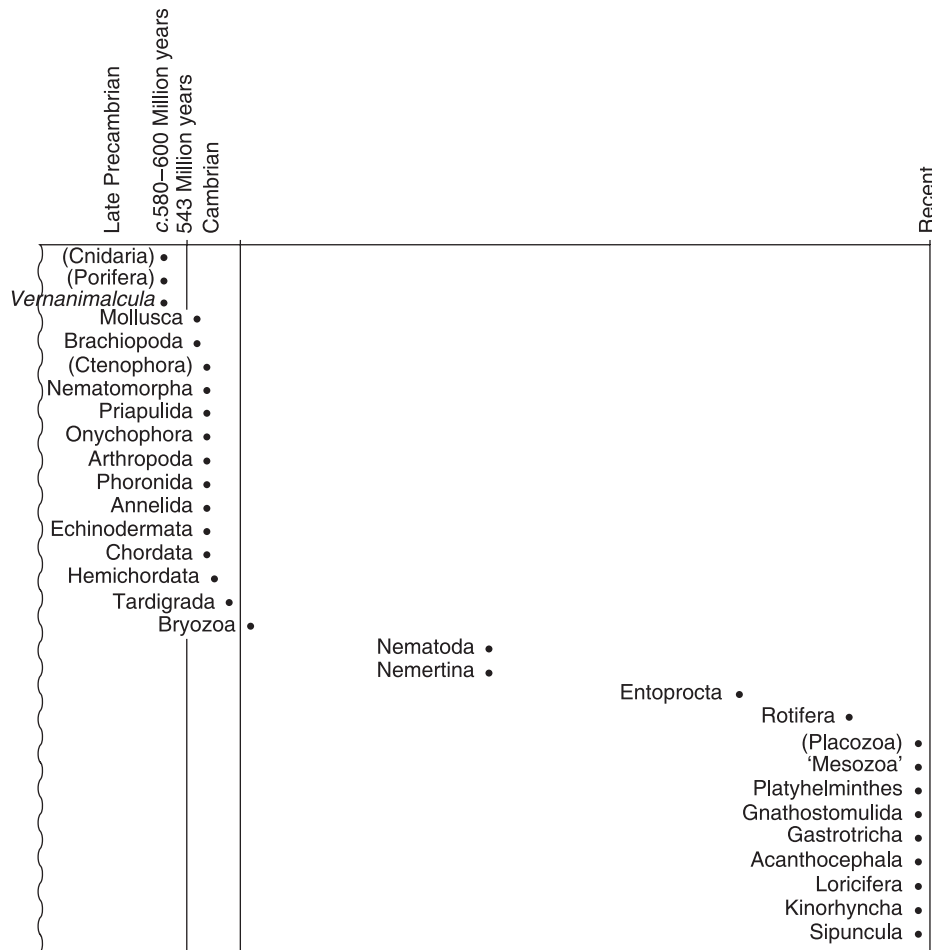


Fig. 1. Relative ages of oldest known members of individual phyla. (*Vernanimalcula* has not been assigned to a phylum (Chen *et al.* 2004)). Most of the phyla known from Cambrian times include animals with readily fossilized hard parts. Those known only from later times generally lack easily preserved anatomy but are nevertheless believed to have had long unrecorded evolutionary histories. One clear exception is the phylum Bryozoa, fossils of which are first recorded from Ordovician rocks, well after the Cambrian Explosion. But the Bryozoa, which possess hard parts, are remarkable for their secondary embryology during which their body plan is redesigned. Phyla lacking bilateral symmetry are shown in parentheses, following Valentine (2002).

that are limited in number. These body plans define the 30–35 recognized phyla, virtually each of which has also had its own separate evolutionary history *at least* as far back as their oldest known fossils, which in many instances means back to the Cambrian Explosion (Fig. 1).

Here we propose that, on passing some threshold shortly before 580 Myr, changes in the chemistry of the oceans had suddenly permitted complex multicellular life to emerge as a new phenomenon. A novel biochemical mechanism came into being that allowed the formation of tissues, i.e. it permitted the continued adhesion of eukaryotic cells which, although presumed to have been identical at the outset, subsequently differentiated and became specialized. For reasons we indicate, we believe that the threshold in question may have possessed a

fine structure made up of a number of closely spaced sub-steps.

Tens of millions of years after this event, continued change in ocean–water chemistry permitted the formation of animals with hard (skeletal) anatomy. Due to the existence of hard parts and (as we shall argue) the concurrent increase in the strength of cell-to-cell adhesions, such creatures were easily fossilized. Their sudden appearance in the geological record at 543 Myr corresponds to the Cambrian Explosion.

In this view, Parazoa (sponges), radially symmetrical metazoans, and metazoans with bilateral symmetry could have emerged successively as oxygen became increasingly available or as new oxygen-dependent molecular species began to interact. We compare this to the way the elements emerged separately but similarly once the universe cooled to the point where

protons and electrons could come together to form atoms. The usage of François Jacob is followed here in which ‘emergence’ refers to a condition whereby new rules suddenly come to apply without, however, repealing the old, for example, in the way the laws of chemistry subsumed those of physics once atoms had been formed (Jacob 1977). Treating the origin of the metazoans as an emergent phenomenon owes little to Darwinian thinking (and nothing to Creationism).

## The distribution of cancer across the metazoan phyla

By definition, there is no such thing as an animal – living or fossil – which falls between two phyla (provided the phyla in question have not been improperly defined). This does not imply that humans and, say, fruit flies or other arthropods are unrelated; similarities in their DNA show an unambiguous long-distance relationship.

Cancer is known in animals belonging to several very different metazoan phyla. John Harshbarger, former head of the Smithsonian’s Registry of Tumors in Lower Animals, accepted cancer in four phyla: chordates, molluscs, arthropods, and flatworms. He reported cancer in all eight classes of chordates (J. Harshbarger, personal communication, 2003), though common only in the ‘upper five’. And among invertebrates, he reported cancer as abundant in only one class of the Mollusca, the Bivalvia, where it is documented only for farmed shellfish (J. Harshbarger, 2003). Elaborating, Harshbarger added that ‘cancer in Bivalvia clusters in those groups farmed and/or consumed by humans but it is likely an artifact. Those commercial species (several oysters, several clams, a scallop and a cockle) are the ones that are studied histologically. I know of no funding for histology on chitons, limpets, octopods, squid, freshwater clams, moon snails, etc’. He also noted that ‘... neoplasms have been reported in Cnidaria, Sipuncula and Annelida but I do not accept the latter two [phyla]. However, some of the lesions in Cnidaria [whose symmetry is radial] might be benign neoplasms’ (J. Harshbarger 2003).

The phyla for which Harshbarger accepts the occurrence of cancer represent great subgroupings of metazoan animals: coelomates, acoelomate flatworms (Harshbarger & Gibson 1982), and Radiata. (Sponges are classified as Parazoa because of their lack of organized tissues.)

Given that each phylum has had its own developmental history, this distribution of cancer through diverse phyla suggests that precursor conditions for cancer already existed prior to the Cambrian

Explosion. If so, cancer might be an inherent risk of complex life, of any animal (Saul 1994) or plant composed of tissues.

Later we briefly discuss groups of animals in which cancer is *not* reported, but cancer-like growths in complex plants are not further mentioned because they are normally non-fatal, primarily because metaphytes lack vital organs.

## Oxygen in Precambrian oceans

A notable and seemingly rapid stepwise increase in the oxygen content of the oceans occurred somewhat before the observed appearance of the first metazoans (Des Marais *et al.* 1992) (Fig. 2), or coincident with them (Chen *et al.* 2004). Assuming something of this sort to have been the case, Nursall (1959) had proposed that key oxygen thresholds had been sequentially passed, providing the oceans with new molecules essential to metazoan existence.

## Oxygen in cancerous tissues

In a series of papers, Warburg (reviewed *in* Warburg 1956) demonstrated that cells in cancerous tissues burn far less oxygen than cells in healthy tissues. He further showed that the low oxygen (hypoxia) that

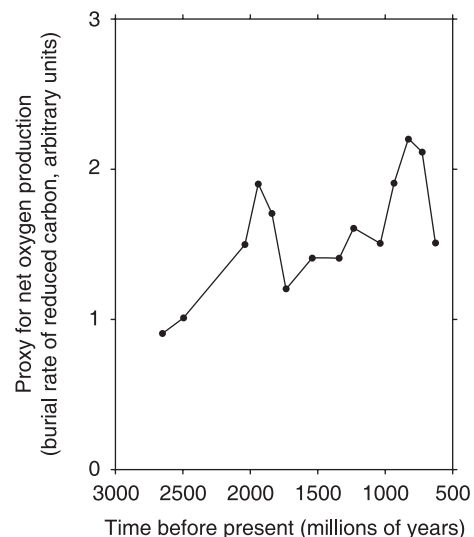


Fig. 2. Indication of rates of net oxygen production from approximately 2500 to 540 Ma. This and similar curves have been constructed using the amount of buried carbon as a proxy for oxygen. Using diverse models and measures, these curves are based on the assumption that for every atom of reduced carbon that is buried in aquatic sediments, one diatomic oxygen molecule must be released; following Des Marais *et al.* (1992). For discussions of other types of data indicating a rise in oxygen near the end of the Precambrian, see Lane (2002) and Towe (1996).

characterizes many tumours is indicative of situations in which normal oxidative metabolism has been partially replaced by fermentation (of sugars; i.e. glycolysis). Fermentation, which is an order of magnitude less efficient at producing energy than aerobic respiration, occurs in oxygen-poor contexts, whether cancerous tissues, wine vats, or garbage heaps. Warburg also showed that simple restoration of oxygen to cancerous animal tissues was insufficient to restore aerobic respiration or to halt or reverse glycolytic fermentation. This, we argue, is because the cells have partially, but irreversibly, reverted to ancestral metabolic mechanisms, while in some cases perhaps also deactivating their mitochondria, essential for efficient aerobic respiration.

## Oxygen and collagen

The main phase of the Cambrian Explosion was marked by the appearances of shells and other hard-part anatomy requiring oxygen-rich molecules (Towe 1970). Metazoans of different phyla suddenly began to manufacture hard parts of chitin, phosphates, calcite, aragonite, silica, organic matter, and agglutinated sand (Signor & Lipps 1992, p. 16) and unicells with hard parts also appeared about the same time. Metazoan hard parts appeared in a rough chronological sequence commencing with granules and spicules set in soft tissue, followed by weakly mineralized thin-walled cuticles and shells, and then by more substantial hard-part anatomy (Brasier 1990). This sequence of events has been speculatively attributed to an evolutionary arms race, to the emergence of carnivorous appetites, and to other geological, biological, and environmental causes, but it is sufficient here to insist that it implies the availability of novel molecules requiring more oxygen than previously available.

Taxa that agglutinated sand (*Platysolenites*, *Onuphionella* and the debatably agglutinating *Volborthella*) are particularly intriguing. Among the earliest was the single-celled *Platysolenites*, a foraminifer that appeared in latest Precambrian time around 545 Myr, followed by other agglutinating organisms by ca. 542–540 Myr (Lipps & Rozanov 1996; J. Lipps, personal communication, 2004). Available sources do not make it clear why certain animal cells suddenly became stickier at just this time.

A part explanation proposed here following the work of Towe (1970, 1981, 2003) is that the increase in available oxygen permitted the production of collagen (a substance formerly used as glue). For whereas members of the collagen family of fibrous glycoproteins are essentially unknown in today's

protozoan world, collagen (or closely related molecules) is ubiquitously present in all metazoan groups. There it has what Towe termed a 'tape and glue' function for which there is no substitute (Towe 1981, p. 299). But an absolute prerequisite for the production of molecules of the collagen family is the availability of molecular oxygen (Towe 1981). And given that there are slight differences between one collagen-family molecule and another, there should have also been corresponding differences in the oxygen thresholds required for their formation.

The main phase of the Cambrian Explosion – with the initial appearances of collagen-dependent bilaterally-symmetrical animals with hard parts – was preceded at around 570 Myr by the first appearances of spicule-bearing marine sponges (whose symmetry, if observable, is often poorly defined) and then, perhaps slightly later, by corals or coral-like creatures exhibiting radial symmetry (Fig. 1). These two phyla utilize spongin and gorgonin respectively, two varieties of collagen which Towe characterizes as 'phylum-specific' (K. Towe, personal communication, 2004). It thus appears that a common precursor to spongin, gorgonin and more familiar types of collagen had been in production in the pre-dawn of Cambrian times (also see Towe 2003), and it would be instructive to know whether spongin and gorgonin require quite as much oxygen as do other collagens.

Numerous types of fossil tracks, trails and shallow burrows are of comparable age (older than  $555.3 \pm 0.3$  Myr; Martin *et al.* 2000) and many clearly seem to be the work of bilaterally symmetrical creatures active in the late Precambrian (Martin *et al.* 2000). Yet we do not find the corresponding body fossils. In our view this is because the production of collagen in these times had been more severely limited in quantity or quality by the still lower amount of available oxygen, thus prohibiting the production of well-mineralized hard parts. We further suggest that due to metabolic limits imposed by the oxygen-deficient marine environment in the times running up to the Cambrian Explosion, bilaterally symmetrical metazoans may have been weak as well as soft-bodied. As evidence, we contrast the deep burrows that appear in the fossil record just before the collagenizing main phase of the Cambrian Explosion with the older shallow burrows of the immediately preceding late Precambrian. The deep burrows were apparently made by creatures with systems of body-wall muscles that enabled them to dig by peristaltic locomotion, whereas the older shallow burrows may have been made by creatures lacking such muscles and the energy to make them function.

Collagen accumulates only intercellularly (Towe 1970), but it is not known how and where it had been

manufactured, and why it should have become preferentially concentrated on the exteriors of certain marine unicells prior to the formation of the first soft-bodied metazoans. An approach to such problems was devised by Israël (2004), who focused on the role of the mitochondria, energy-producing organelles that engage in aerobic respiration, and which are found in all animal cells. Israël (2004) started with the idea championed by Lynn Margulis since the early 1970s that the mitochondria had originally been free-living oxygen-respiring bacteria that had taken up residence within relatively primitive eukaryotic unicells some 2 billion or more years ago. At the time, the host eukaryote had already added a rudimentary oxidative metabolism of its own to its primordial mechanism for glycolytic fermentation. Made redundant by incorporation of the mitochondria, the oxidative system of the host eukaryote could be partly co-opted for other purposes and, according to Israël (2004), its ATP synthase began to work in the opposite direction, forming acidic compartments. These became cellular factories from which were secreted oxygen-rich molecules responsible for cell connections and communications within subsequent metazoans (Israël 2004).

In these circumstances, certain novel oxygen-rich molecules would have accumulated in the extracellular matrix and we speculate that such molecules included the precursors of collagen (see Towe 2003). These may have been useful for sticking to food particles. But whether initially useful or not, cell stickiness among unicellular protozoans did come into being and certain cells did become stuck to one another.

In the absence of evidence to the contrary, it is reasonable to assume that the cells in question were both, or all, of the same type because this assumption provides answers to later questions arising from the fact that all cells in the body of a given metazoan carry the same DNA. But if they were indeed all of the same type, it then follows that the cells in question had probably not come together as the result of some random process or happenstance. Instead they may have become stuck to one another during cell division, with the parent plus the daughter generations remaining attached to one another (E. Sercarz 2003 and J. Bergström 2006, personal communications).

## Life in a sticky situation

The somewhat oxygenated seas of the very late Precambrian contained populations of identical single-celled creatures, some of which were stuck to one another as pairs, filaments, clusters, or perhaps as hollow balls. Although the actual geometries

preferred by such groupings of cells are not known, they may perhaps be deduced from observations of modern-day ciliate unicells that clump together when exposed to toxic concentrations of oxygen (Lane 2002, p. 51). We may also make the simplifying assumption that the shape of the individual cells was cubic, with physical, chemical, and biological properties about the same in all directions. (While indeed simplifying, this assumption also deflects charges of special pleading.)

Filaments, clusters or balls, anchored or not, these cell *ensembles* would not have been metazoans, just groups of cells stuck together, unable to pull apart, with each individual cell struggling for survival. Metazoans contain specialized cells (as a matter of definition) but the cells of the *ensembles* described here would have been identical to one another, with no specialization or differentiation. The inside of each cell would have contained the same biochemical soup, hence there would have been no chemical gradient to pump anything from one cell into another.

Subsequently, as the early varieties of collagen became more and more sticky and as cell groups became larger and larger, new factors would begin to acquire importance, geometry, for example.

## Cell differentiation and the first metazoans

Aerobic respiration is efficient because reactions go to completion. Water and CO<sub>2</sub> are the only end products. By contrast, anaerobic cell metabolism (fermentation) is inefficient. Fuel is incompletely burned, with some waste molecules retained within the cell, some spilled into the intercellular environment, and some winding up stuck to the outsides of cell walls. Single-celled creatures learned to treat these waste molecules as resources for cell growth and cell division by an early date, even before the incorporation of mitochondria (Schwartz 2004).

As a consequence of geometry alone, individual cells within a ball or cluster would have been in somewhat different situations from one another. Differing geometrical and physical circumstances could then have translated into variable access to oxygen, different chemistries of fermentation, and different chemical end-products. With time, there might develop electrochemical gradients sufficiently strong to pump molecules from one cell to another, traversing the outer membranes of both.

Conditions within the larger cell-groupings would not have necessarily been conducive to life and the cells deepest inside might have been in the worst situations. In such configurations, which may evoke

the blastula stage of embryonic development prior to gastrulation, significant electrochemical gradients could be established, leading to considerable molecular exchange. Then as diverse molecules within individual cells activated or suppressed particular genes at various times and in various ways, cells with specialized properties would come into being, a step towards the emergence of the first metazoans.

Within sufficiently large (but still microscopic) *ensembles*, individuals belonging to a single type of protozoan could have been obliged *by geometry alone* to differentiate in a great variety of different manners while retaining ancestral molecular similarities across the metazoan phyla. In this view, a single type of protozoan, all on its own, could have been the ultimate ancestor of more than one phylum. The geometry of each phylum's microscopic founding member would have been a critical initial condition.

Judged by today's standards, the physical and biochemical construction of the earliest metazoans could not have been particularly stable. Their collagen would have been limited in both quantity and quality and neither their collagen, nor their DNA, nor anything else about them would have yet been winnowed by the forces of selection within the context of metazoan fitness and survival. But these unstable conditions no longer prevailed by the time of the Cambrian Explosion around 543 Myr when not just the rare metazoan, but multiple species, well-populated habitats, niche partitioning, and food chains become apparent in the fossil record (Zhuravlev & Riding 2001).

Members of the collagen family of molecules have repetitive structures with periodically recurring anchor points that are variably spaced according to extremely local geometric, physical and chemical circumstances and constraints. At the time of the Cambrian Explosion, particular metazoan characteristics could have arisen from the mix of collagen-type molecules. Under diverse conditions, these would later be the midwife molecule for the formation of chitin, phosphate, calcite, or aragonite and later, of tendon, ligament, bone, nail, hoof ...

## Tissues, healthy and cancerous

Following the emergence of the first self-replicating metazoans, the individual evolutionary interests of each of their component cells came to depend on cooperation. Yet cooperation in the context of metazoan tissue would have necessitated overcoming ages-old patterns of unconstrained proliferation and variation (Saul 1994), a newly required metabolic demand that depended on the maintenance of a balance of forces.

The normal internal accumulation of molecular resources within individual cells permits them to grow. Augmentation of their mass then enables them to divide. That is part of the Darwinian heritage of free-living uni-cells. Yet once incorporated within, say, metazoan epithelial tissue, growth and division are physically constrained by compressive forces exerted by laterally connected neighbouring cells, all anchored to the basement membrane. In healthy tissue, lateral compression prevents cells in the epithelial monolayer from dividing beyond the tissue's requirements for cell renewal, while the basement membrane (itself composed of collagen) maintains geometric integrity in the depth dimension (Schwartz *et al.* 2002).

In healthy epithelial tissues, a constant contest of opposing forces takes place as cells attempt to grow and divide in accordance with their unicellular inheritance despite constraints imposed by multicellular reality. In almost all cases, the tissue succeeds. But if the tissue has been weakened – whether by malformation, disease, chemical insult, fibrosis, or intrusively embedded foreign bodies such as asbestos fibres – interference with mesenchyme–epithelium interactions and defective cell-to-cell adhesions may result, releasing an individual cell from some of its metazoan tissue-constraints. Lacking adequate access to its normal metazoan sources of oxygen and molecular signals, such a cell may then revert to fermentation in order to survive. It thereby becomes sufficiently massive and strong to overcome collagen-derived and other forces exerted by its home tissue. Additional disturbances to tissue architecture may then result (Schwartz *et al.* 2002; Fleury & Schwartz 2003).

Let us imagine an exceedingly simple and generalized two-dimensional model of the tissue lining or the surface cells of a generalized organ, i.e. a 2-D model of any organ of any metazoan with individual epithelial cells laterally attached to their neighbours by gap junctions (Fleury & Schwartz 2003). Aside from the gap junctions, this model resembles a nicely aligned set of smiling teeth. As in a mouth, these teeth are not symmetrical. They possess tops and bottoms and somewhat less definite lefts and rights, and they are fixed onto the basement membrane as a sort of gum line, below which lies the mesenchyme. These 'teeth' represent living cells that will grow and divide until prevented from doing so by the constraining forces exerted by their neighbours. But if a tooth-like epithelial unit is geometrically displaced – up, down, left, right, back, forward or twisted – normal metazoan constraints may be relaxed (Fleury & Watanabe 2002; Fleury & Schwartz 2003). Fermentation may follow, and the balance of forces thereafter altered by concurrent tissue inflammation caused

by the increased size of individual cells (Fleury & Schwartz 2003).

An immediate effect of inflammation may be to retain potentially wayward cells in their correct positions during the healing process. Yet severe chronic inflammation results in the stiffening of the extracellular matrix and of the tissue as a whole. Possible outcomes of tissue stiffening include irregular adhesion, disruption of the underlying basement membrane, and deeper physical and geometrical disturbances. Darwinian considerations and experience with healing processes suggest that in almost all cases, the cells in damaged or diseased tissue will be pushed back into position by the inflammation, or pushed or pulled back by other restoring forces, or else they will die by apoptosis or necrosis.

Restoring mechanisms are particularly likely to fail or to be inadequate once the structural problem has affected the tissue's underlying scaffold-like mesenchyme, or in cases where the disturbance originated within the mesenchyme itself (Sonnenschein & Soto 1999; Maffini *et al.* 2004). When failure occurs, cells may continue to divide but they may have lost their polarity, a loss whose upstream cause is fermentation followed by inappropriate cell growth (Schwartz *et al.* 2002; Fleury & Schwartz 2003; Schwartz 2004). As determined from a literature search, *loss of cell polarity, i.e. loss of functional orientation, correlates with a decrease in cellular respiration* throughout a broad range of examples (Schwartz 2004).

Loss of polarity does not necessarily affect the viability of individual cells (Hasan *et al.* 1998). But cell division in such circumstances occurs in an inappropriate geometric plane (actually a curved epithelial surface). Inflammation in such instances may not lead to healing and cell-to-cell connections may fail to control the orientation of subsequent daughter cells, especially at joins between different tissues and at anatomical bends and angles. Such cells will be poorly constrained by the host tissue, to which they may or may not remain attached, or into which they may grow intrusively (Fleury & Schwartz 2003). Conditions permitting, individual cells involved in such growths might continue to divide more or less as free-living unicellular creatures (Saul 1994), given that the 'default state' (Sonnenschein & Soto 1999, Ch. 2) of living cells – prokaryotic, eukaryotic, plant, animal, fungal, unicellular, cancerous or healthy – is proliferation (Saul 1994; Sonnenschein & Soto 1999, Ch. 2).

By itself, unconstrained proliferation might not produce irreversible tumours. But *the default condition of any cell is not only to proliferate, it is also to vary* (Saul 1994). Variation is favoured by multiple mutations such as those facilitated by the acid

conditions associated with fermentation, and with high oxygen gradients, variation is poorly constrained. Cell types are then produced, whose shapes, sizes, surface properties, metabolic preferences, and products will be incompatible with the structure and functioning of metazoan tissue.

Loss of cell-to-cell communication and variation through a range of subnormal oxygen concentrations may produce cells that have reactivated archaic metabolic mechanisms and pathways. This may be irreversible and such cells may be unable to revert to metazoan-style cell respiration even after restoration of oxygen. Such cells have lost the novel metabolic abilities that had emerged during the run-up to the Cambrian Explosion; in the words of Sonnenschein & Soto (1999, p. 80), they have 'demerged'. Organized tissue structure may then disappear and the functioning of organs lost. (Cancerous breast tissue does not produce milk; cancerous testes do not produce sperm; etc.)

In addition to mutations, other genomic disturbances commonly attributed to cancer – such as aneuploidy and the silencing or overexpression of genes – may also be the consequences of metabolic reversion to glycolysis (Prehn 1994; Reynolds *et al.* 1996).

Although free from many of the constraints of multicellularity, cancer cells nevertheless exist within a biochemical environment provided by a living metazoan. Such environments are exceedingly rich in molecular signals, many of which cannot be properly read by cells detached from their home tissue. In this chemically noisy context, cancer cells will on occasion respond to imperfectly received chemical messages. We suggest that their defective ability to interpret messages might be yet another cause of their extreme variation.

One reason why advanced and metastatic cancers may be difficult or impossible to treat is that they may have disactivated their mitochondria (Lane 2002, p. 273), perhaps simply by natural selection in an environment that is oxygen-poor. Such selection may help explain Warburg's still poorly understood observation first made in the 1920s that simple restoration of oxygen to cancerous animal tissues was insufficient to halt or reverse glycolytic fermentation and to restore aerobic respiration (reviewed in Warburg 1956).

## An evolutionary role for cancer and the consequent unlikelihood that it can be eliminated among humans

The great question is why cancer, which is commonly fatal, should even exist. Logic would seem to dictate

its elimination via natural selection. In addressing this matter, two broad categories of cancers must be distinguished: (1) juvenile, which includes pre-natal cancers through those of puberty, and (2) adult, which frequently means cancers among individuals past the age of reproduction. These categories occur in contrasting patterns: cancers in long bones during the adolescent growth spurt, for example, are very different from cancers of the prostate among older males.

Another contrast of patterns is between the low incidences of cancer among wild animals and the very much higher rates among humans, pets, laboratory and farm animals, and for fish raised on fish farms. A compilation initiated by Fritz Anders (Graham 1992; A. Anders, personal communication, 2002) has domesticated trout, hybrid ducks, laboratory mice, Lipizzaner horses, domestic cats, boxers and other large dogs as particularly susceptible to tumour formation. The sharp contrast between wild and domestic has remained unexplained even after accounting for the peculiar foods given to domesticated animals, early deaths in the wild from causes other than cancer, and our own peculiar habits ranging from smoking to sunbathing. The contrast is particularly strong between recently domesticated creatures – Lipizzaners were first bred in 1580 – and groups such as sharks, little changed over great spans of evolutionary time. Combining this information with Harshbarger's data (J. Harshbarger, personal communication, 2003), we find that cancer is most prevalent among more complex animals, especially those that have evolved most recently.

Addressing the contrasting patterns of cancer between juveniles and adults and across species and breeds, James Graham, a specialist in manufacturing and quality control, identified some fundamental facts concerning animals constructed with bilateral symmetry (Graham 1992). With reference to personal experience, Graham noted that for all mass-manufactured products – whether copper tubing, lawn furniture, or soap – those responsible would set out precise specifications for the raw materials to be used, the parts and sub-assemblies and the finished product (Graham 1992, p. 66), the purpose being to produce a uniform product adapted for a particular market niche. Quality would in all cases be controlled by sampling, with items such as electronic devices requiring more stringent sampling than, say, common nails (Graham 1992, pp. 66–67). Graham envisaged a parallel between mass manufacturing and the biological world in which animals are also 'mass manufactured', but asked how quality could be controlled in animals without sampling. The problem was that for a bilaterally symmetrical

animal to be viable, '... every part (cell) of every product (animal) had to be monitored to ensure compliance with the master specifications' (Graham 1992, p. 68).

Referring to aircraft manufacture during World War II, Graham reported that whenever design modifications were introduced, more errors were made, though only for a while (Graham 1992, pp. 39–40). As workers advanced along the learning curve, they would make fewer errors. For Graham, errors in manufacturing newly modified airplanes correspond to errors in manufacturing newly modified trout, dogs and laboratory mice.

Graham contended that without product sampling, animal lineages could not 'have climbed evolution's learning curve' unless errors in construction had been totally eliminated. This absolute requirement demanded 'the prompt death of the animal and all its genes' (Graham 1992, p. 40) whenever unacceptable imperfection occurred. He insisted on the fact that not a single one of our ancestors, or the ancestors of any other living animal, had died before reaching the age of reproduction.

Graham saw juvenile cancer as assuring that, by the age of reproduction, each animal is individually constructed in a viable manner, a view supported by the common association of juvenile cancers with malformations. Children born with malformed reproductive organs of the Denys–Drash syndrome, for example, have a greatly elevated risk of Wilms tumour, a cancer of the kidney almost never encountered among adults, as well as cancers of the malformed tissues themselves. And juveniles suffering from hemihypertrophy, in which one side of a body grows faster than the other, are particularly susceptible to cancers of the liver and to Wilms tumours. Broadly speaking, those molecules that cause fetal malformations (teratogens) are also carcinogens.

Cancer selection implies *survival of those manufactured within acceptable tolerances whose viability is maintained into the age of reproduction* (Graham 1992), a task that is increasingly more stringent with increasing complexity and increasingly more fallible with novelty. A reason cancer has not been eliminated among sufficiently complex animals, and is likely to remain prevalent in humans and other recently modified metazoans, is that juvenile cancer is an aspect of natural selection that is normal among new forms. Eliminating cancer at an early stage of development might be paramount to undoing a half-billion-year heritage of selecting for fitness. In this view, cancers of the reproductive years may simply be instances of the imperfect nature of natural selection, while cancers of old age are an aspect of



diminishing fitness once we have lost our Darwinian usefulness as potential parents, grandparents, or nurturers.

The lack of cancer in lower bilaterian phyla reported by Harshbarger may be partly due to their relative simplicity, hence the shorter learning curves needed to master their construction. Another factor would be the rarity of substantial biological novelty among invertebrates in the wild, with farmed shellfish providing a counter-example (J. Harshbarger, personal communication, 2003). Creatures such as jellyfish whose tissues are able to accommodate aberrant cells without disruption of tissue-function might also be exempt from cancer.

Cancers in flatworms may be attributable to their tissue-filled body plan that lacks a secondary body cavity. This acoelomate body architecture, combined with flatworm-style respiration via diffusion through the external body wall, may render the tissues of flatworms especially susceptible to structural disturbance.

Recent evolution and complexity correlate with the prevalence of cancer. But whereas the first of these factors seems to be potentially quantifiable, complexity is a more elusive concept and may require value judgements. We nevertheless note that within the deuterostome phyla, chordates are arguably the most complex and that, as noted earlier, cancer is present in all eight classes of chordates, though common only in the five highest; furthermore, the arthropods are perhaps the most complex among the protostomes. These observations, if properly formulated and valid, may indicate that cancer provides a sort of limit or lid on the amount of complexity and/or rate of innovation allowed at any given evolutionary moment by the deuterostome and protostome (and perhaps acoelomate) ways of constructing animals. This notion is reinforced by the observation that 'advanced insect and vertebrate embryogenesis are derived processes' (Davidson 1991, p. 2), which may be reformulated as a statement that the two taxa that are especially subject to cancer selection are the same two taxa whose manufacture includes additional levels of complexity.

Among the numerous phyla in which cancer has *not* been reported are the micrometazoan phyla Loricifera, Rotifera, Tardigrada and Nematoda. Members of these phyla exhibit a style of development called eutely in which a fixed number of cells are produced in each individual, not only as adults, but also throughout each stage of development. We propose that eutely may be an anti-cancer strategy and we wonder if lineages employing this mechanism can ever develop additional complexity. Their evolutionary journeys may have ended.

## A necessary element in the management of cancer?

In some respects, cancer is a metabolic disease, a consequence of undue cell proliferation caused by unrelenting fermentation. Effective treatment may depend on decreasing fermentation by targeting cells whose metabolic activity favours glycolysis (which includes cells with disturbed polarity and cells not smoothly attached to their substrate). Since cell growth is essentially halted by glucose deprivation, molecules that block the uptake of glucose may be of therapeutic value. These include substances akin to 2-deoxy-D-glucose (2-DG), a well-tolerated non-metabolizable molecule that differs very slightly from glucose itself and that binds preferentially to cells with highly anaerobic glycolytic metabolisms, a property used diagnostically by spiking 2-DG with a radioactive tracer, thereby permitting the imaging of tumours by PET scan.

## Cancer, a property of tissues

Cancers associated with, say, asbestos fibres lie outside Graham's treatment, and asbestos does not interact with oxygen either. But when lodged between cells, asbestos fibres of certain sizes and shapes may trigger cancers. Sonnenschein & Soto (1999) interpret such foreign-body cancers as further evidence that cancers commence as architectural defects of tissues. They also reiterate that, aside from advanced cases, it is normally impossible to identify an individual cancer cell removed from its histological context. This is because primary cancer is not a pathology of cells but of tissues (Sonnenschein & Soto 1999).

## Conclusions

An increase in the availability of oxygen led to a broad stepwise collagenizing event (Towe 2003) that permitted the assembly of animalian tissues and allowed metazoan life to emerge. If tissue architecture is disturbed, individual cells may be freed from their tissue constraints, causing them to revert to primitive glycolysis. Inappropriate cell growth may then result in cancer. To this we append the recent observation by Teodoro *et al.* (2006) that multiple collagen-derived fragments are shed at tumour-host interfaces.

*Acknowledgements.* – We thank the following colleagues for help and encouragement: Annerose Anders, Jan Bergström, Arthur J. Boucot, Françoise Debrenne, David J. Des Marais, James Graham,

John C. Harshbarger, Maurice Israël, Jere H. Lipps, Eli E. Sercarz, John B. Southard, Kenneth M. Towe, Xavier Wertz, and Ellis L. Yochelson<sup>†</sup>.

## References

- Brasier, M.D. 1990: Phosphogenic events and skeletal preservation across the Precambrian–Cambrian boundary interval. In Notholt, A.J.G. & Jarvis, I. (eds): phosphorite research and development. *Geological Society Special Publication* 52, 289–303.
- Chen, J.-Y., Bottjer, D.J., Oliveri, P., Dornbos, S.Q., Gao, F., Ruffins, S., Chi, H., Li, C.-W. & Davidson, E.H. 2004: Small bilaterian fossils from 40 to 55 million years before the Cambrian. *Science* 304, 1425–1426.
- Davidson, E.H. 1991: Spatial mechanisms of gene regulation in metazoan embryos. *Development* 113, 1–26.
- Des Marais, D.J., Strauss, H., Summons, R.E. & Hayes, J.M. 1992: Carbon isotope evidence for the stepwise oxidation of the Proterozoic environment. *Nature* 359, 605–609.
- Fleury, V. & Schwartz, L. 2003: Numerical investigation of the effect of loss of polarity on cancer invasiveness and geometry. *Fractals* 11, 397–414.
- Fleury, V. & Watanabe, T. 2002: Morphogenesis of fingers and branched organs: how collagen and fibroblasts break the symmetry of growing biological tissue. *Comptes Rendus de l'Académie des Sciences, Biologies* 325, 571–583.
- Graham, J. 1992: *Cancer Selection: The New Theory of Evolution*, 213 pp. Aculeus Press, Lexington, Virginia.
- Harshbarger, J.C. & Gibson, D.I. 1982: Ganglioneuroblastoma in a trematode, *Otodistomum plunketi* Fyfe, 1953. *Invertebrate Pathology and Microbial Control Proceedings. Third International Colloquium on Invertebrate Pathology*, 280–285, University of Sussex, Brighton, UK.
- Hasan, N.M., Adams, G.E., Joiner, M.C., Marshall, J.F. & Hart, I.R. 1998: Hypoxia facilitates tumor cell detachment by reducing expression of surface adhesion molecules and adhesion to extracellular matrices without loss of cell viability. *British Journal of Cancer* 77, 1799–1805.
- Israël, M. 2004: *Four Hidden Metamorphoses: A Remark on Blood, Muscle, Mental Diseases and Cancer*, 100 pp. John Libbey Eurotext, Montrouge, France.
- Jacob, F. 1977: Evolution and tinkering. *Science* 196, 1161–1166.
- Lane, N. 2002: *Oxygen*, 374 pp. Oxford University Press, Oxford.
- Lipps, J.H. & Rozanov, A.Y. 1996: The Late Precambrian–Cambrian agglutinated fossil *Platysolenites*. *Paleontological Journal* 30, 679–687.
- Maffini, M.V., Soto, A.M., Calabro, J.M., Ucci, A.A. & Sonnenschein, C. 2004: The stroma as a crucial target in rat mammary gland carcinogenesis. *Journal of Cell Science* 117, 1495–1502.
- Martin, M.W., Grazhdankin, D.V., Bowring, S.A., Evans, D., Fedonkin, M.A. & Kirschvink, J.L. 2000: Age of neoproterozoic bilaterian body and trace fossils, White Sea, Russia: implications for metazoan evolution. *Science* 288, 841–845.
- Nursall, J.R. 1959: Oxygen as a prerequisite to the origin of Metazoa. *Nature* 183, 1170–1172.
- Prehn, R.T. 1994: Cancers beget mutations versus mutations beget cancers. *Cancer Research* 54, 5296–5300.
- Reynolds, T.R., Rockwell, S. & Glazer, P.M. 1996: Genetic instability induced by the tumor microenvironment. *Cancer Research* 56, 5754–5757.
- Saul, J.M. 1994: Cancer and autoimmune disease: a Cambrian couple? *Geology* 22, 5.
- Schwartz, L. 2004: *Cancer: Between Glycolysis and Physical Constraint*, 150 pp. Springer, Berlin-Heidelberg.
- Schwartz, L., Balosso, J., Baillet, F., Brun, B., Amman, J.P. & Sasco, A. 2002: Cancer, the role of extracellular disease, a hypothesis. *Medical Hypothesis* 58, 340–346.
- Signor, P.W. & Lipps, J.H. 1992: Origin and early radiation of the Metazoa. In Lipps, J.H. & Signor, P.W. (eds): *Origin and Early Evolution of the Metazoa*, 1–23. Plenum, New York.
- Sonnenschein, C. & Soto, A.M. 1999: *The Society of Cells*, 154 pp. Bios Scientific, Oxford.
- Teodoro, J.G., Parker, A.E., Zhu, X. & Green, M.R. 2006: p53-Mediated inhibition of angiogenesis through up-regulation of a collagen prolyl hydroxylase. *Science* 313, 968–971.
- Towe, K.M. 1970: Oxygen-collagen priority and the early metazoan fossil record. *Proceedings of the National Academy of Sciences, U.S.A.* 65, 781–788.
- Towe, K.M. 1981: Biochemical keys to the emergence of complex life. In Billingham, J. (ed.): *Life in the Universe*, 297–305. MIT Press, Cambridge, Massachusetts.
- Towe, K.M. 1996: Environmental oxygen conditions during the origin and early evolution of life. *Advances in Space Research* 18, 7–15.
- Towe, K.M. 2003: Evolution of protein amino acids. *Science* 300, 1370–1371.
- Valentine, J.W. 2002: Prelude to the Cambrian explosion. *Annual Review of Earth and Planetary Sciences* 30, 285–306.
- Warburg, O. 1956: On the origin of cancer cells. *Science* 123, 309–314.
- Zhuravlev, A.Y. & Riding, R. (eds) 2001: *The Ecology of the Cambrian Radiation*, 525 pp. Columbia University Press, New York.



# Did detoxification processes cause complex life to emerge?

JOHN M. SAUL

## LETHAIA



Saul, J.M. 2008: Did detoxification processes cause complex life to emerge? *Lethaia*, 10.1111/j.1502-3931.2008.00126.x

Excess oxygen is toxic for many cells and cell function can be disrupted by calcium, even if present in small amounts. Cells avoid the toxic effects of these substances by excreting oxygen-rich or Ca-containing molecules. The origin of macroscopic multicelled animals (metazoans) can be attributed to the excretion of oxygen-rich collagen molecules (or their precursors) at a time when the seas were for the first time both oxygenated and sufficiently loaded with phosphorus for the energy (ATP) requirements of sizable metazoans. With subsequent increase of Ca in the marine environment, hard parts of CaCO<sub>3</sub> were produced. Excretion of oxygen in combination with abundant phosphorus permitted phosphate biomineralization. In this view, the most informative biological development during the late Neoproterozoic was not the emergence of metazoans but the initial construction of viable tissues. When tissue integrity is lost, whether due to low oxygen, collagen failure, injury, chemical insult or other reasons, individual cells are released from tissue-constraints. To survive, they may then revert to unicellular life-styles that emphasize cellular proliferation and variation. When this occurs in metazoans, the result may be cancer. □ *Cambrian Explosion, origin of metazoans, detoxification, cancer, collagen, biomagnetism, biomineralization.*

John Saul [john.saul@wanadoo.fr], ORYX, 3 rue Bourdaloue, 75009 Paris, France; manuscript received on 23/12/07; manuscript accepted on 30/04/08.

The emergence of complex multicellular life, and of marine animals equipped with shells and other hard parts, occurred during times when, with one notable exception, the oxygen content of the seas was generally rising (Des Marais *et al.* 1992). These and other imperfectly understood evolutionary developments occurred when the concentration of oxygen, and subsequently of calcium, reached levels that were toxic to certain single celled eukaryotes. These creatures then excreted diverse oxygen-rich molecules by activation and modification of an already ancient detoxification mechanism.

Developments during these times, listed here in their approximate order, include the first appearances in the fossil record of:

- animal embryos lacking indications of epithelial development, found in shallow-water phosphate beds deposited ~635–551 million years ago (Ma) (Hagadorn *et al.* 2006),
- very small soft-bodied metazoans dated ~600–580 Ma (Chen *et al.* 2004),
- the Ediacara, ~575–542 Ma, soft-bodied and presumably collagen-poor creatures lacking well-defined symmetry, perhaps grown directly from blastulas without undergoing full or familiar gastrulation-style cell rearrangement (Saul 2007),
- tracks, trails and pellet traces ('trace fossils'),
- horizontal galleries in soft sand (Dzik 2005), commonly but not universally (Dzik 2005) interpreted as having been excavated by worm-like creatures with hydrostatic skeletons poor in collagen, commencing below the Ediacaran–Cambrian boundary,
- short linear or zigzag U-shaped burrows in firm clay with bilobed or trilobed lower surfaces, dated close to the Ediacaran–Cambrian boundary (Dzik 2005),
- trace-fossil assemblages influenced by the concentration of oxygen in both water column and unconsolidated sediments, from the early Cambrian (Parcha *et al.* 2005),
- cylindrical chambers open to the surface (Dzik 2005),
- worm-tubes lined with mica flakes (*Onuphionella*; *Spiroscolex*) in the earliest or early Cambrian,
- unicellular eukaryotes that agglutinated sand grains (Knoll & Lipps 1993),
- unicellular eukaryotes that secreted calcium carbonate (Ridgwell *et al.* 2003),
- small shelly fragments derived from multielement skeletons, and debris from corals, archaeocyathids and other metazoans with radial symmetry as well as remains of molluscs, arthropods and other creatures with bilateral symmetry, marking the Ediacaran–Cambrian transition at 542 ± 1.0 Ma,
- diverse multicelled creatures equipped with mineralized spicules, external sclerites, 'teeth', carapaces and reinforcements, with individual taxa believed to have acquired biomineralization independently (Porter 2007). These hard parts were

constructed of aragonite ( $\text{CaCO}_3$ ), calcite (also  $\text{CaCO}_3$ ), phosphate (most commonly as hydroxylapatite,  $\text{Ca}_5(\text{PO}_4)_3(\text{OH})$ ), chitin ( $(\text{C}_8\text{H}_{13}\text{O}_5\text{N})_n$ ), silica ( $\text{SiO}_2 \cdot n\text{H}_2\text{O}$ ) (Signor & Lipps 1992), compact collagen fibres (Simkiss & Wilbur 1989) and agglutinated sand (Culver 1991; Signor & Lipps 1992),

- and, by inference, cancer, given the presumption that cancer is not contagious across phyla and the fact that cancer affects metazoan individuals belonging to phyla which have been distinct and have had separate developmental histories at least since the Cambrian Explosion (Saul 1994; Saul 2007; Saul & Schwartz 2007).

Evidence now presented suggests that the detoxification of oxygen and of calcium can account for many or all these effects and for others as well.

## Magnetite and magnetotactic navigation

By some time prior to 1.9 billion years ago (Ga), certain bacteria had acquired the ability to precipitate iron in the form of magnetite,  $\text{Fe}_3\text{O}_4$ , and this ability was subsequently widely acquired among various anaerobic prokaryotes. Possible benefits that have been suggested include the storage of Fe for future metabolic use, the sequestration of toxic quantities of Fe, and use as magnets to sense the vertical component in the Earth's magnetic field and thus to aid in navigating up and down.

Living bacteria incorporating linear chain-like accumulations of grains of  $\text{Fe}_3\text{O}_4$  are commonly found in sharp oxic–anoxic transition zones where torque on the chain provides a magnetotactic ability that enables them to flee downwards when encountering toxic concentrations of oxygen (Fenchel & Finlay 1995; Johnsen & Lohmann 2008). The tightly defined habitat of such bacteria and their generally low oxygen tolerance suggest yet another possible origin for biogenic magnetite, namely, as a detoxification and sequestration product of oxygen by prokaryotic anaerobes in times when Fe was abundantly available.

Biogenic magnetite grains with comparable characteristics have also been found in certain flagellates (euglenoid algae) and in salmon, pigeons and humans. Their utility, if any, in the flagellates and metazoans is not known but their presence suggests that the prokaryotic mechanism or mechanisms employed to sequester  $\text{Fe}_3\text{O}_4$  was at some point or points also acquired by eukaryotes.

## Collagen and cancer

Complex multicelled animals with differentiated cells (metazoans) could not have emerged until the oxygen level in the oceans had attained some particular threshold (Nursall 1959). Yet since multicelled animals require molecules of the collagen family in order to form coherent tissues, and since collagen-family molecules require molecular oxygen (Towe 1981), the threshold in question must have been the level of  $\text{O}_2$  that permitted the formation of collagen for the construction of physically stable tissues (Saul 2007; Saul & Schwartz 2007).

Cancer can then be understood as a consequence of the failure of collagen to maintain the functional integrity of a metazoan tissue whether as a consequence of low oxygen or other circumstances (Saul & Schwartz 2007). Following tissue failure, individual cells may be partly or completely released from essential metazoan constraints (Sonnenschein & Soto 1999; Saul & Schwartz 2007). If such cells then survive and are not restored to their home tissue, they may proliferate and vary – the two Darwinian imperatives – in ways that are incompatible with the metazoan requirement that individual cells cooperate with one another (Saul 1994; Sonnenschein & Soto 1999; Saul & Schwartz 2007).

Primary cancer is a pathology of tissues that causes the release of cells from metazoan constraints (Sonnenschein & Soto 1999; Saul & Schwartz 2007). Released cells proliferate and vary, and those that survive may travel within the individual metazoan. On subsequent anchoring at other tissue sites, descendants of these cancer cells may cause secondary cancers (Saul 2007).

## Oxygen and oxygen toxicity

Our record of life starts ~3.9–3.5 Ga in a world in which molecular oxygen,  $\text{O}_2$ , was very scarce though not entirely absent and it was in these chemical surroundings that many fundamental metabolic pathways were established. Around 2.9–2.7 Ga, cyanobacteria (formerly called 'algae' and commonly referred to as 'pond scum') began to harness sunlight to photosynthesize  $\text{CO}_2$  and  $\text{H}_2\text{O}$  into carbohydrates, generating free oxygen as a waste product. This oxygen may not have begun to accumulate immediately, however, for it would have been rapidly consumed by reducing gasses issued by undersea volcanoes (Kump & Barley 2007). A period of fluctuating oxygen conditions ensued until stabilization of the cratons (Kump & Barley 2007) at the Archaean–

Proterozoic transition, ~2.5 Ga. At that time, land-based flood-basalt volcanism, which occurs at higher temperatures and produces fewer reducing gasses than submarine volcanism, greatly increased in importance and thereby initiated the Earth's modern-style oxygen regime (Kump & Barley 2007).

With time, the oxygen content of the seas rose (with at least one interruption), forcing marine life to contend with environment change. As the level of oxygen increased, thresholds of toxicity were occasionally crossed as a consequence of the highly reactive nature of free oxygen and many of its derivative molecules, and at times certain unicells would have been exposed to what was for them a toxic environment.

## Survival in a toxic environment and collagen

If they were to survive, these unicellular eukaryotes would have had to seek shelter in zones with lower concentrations of O<sub>2</sub> (by burrowing, for example; or by entering a cell with a higher tolerance for oxygen); by constructing domains with less exposure to O<sub>2</sub> (by clustering together, for example, as do many anaerobic ciliates when placed in oxygenated water (Fig. 1); by becoming facultative aerobes; or by developing detoxification mechanisms. These mechanisms and strategies were not mutually exclusive.

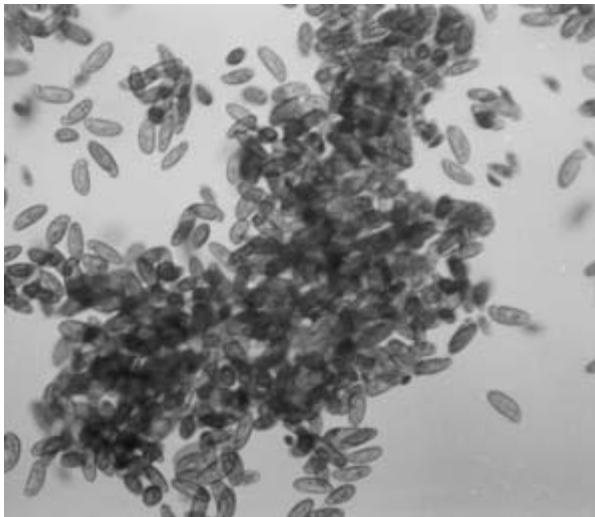


Fig. 1. Typical clumping of anaerobic ciliates when placed in oxygenated water. The cells consume oxygen and an anoxic microzone is eventually produced by the clump. The photograph shows a population of one ciliate species (*Plagiopyla frontata*) and each cell has a length of about 0.1 mm' (Fenchel & Finlay 1995, fig. 3.4, figure and caption reproduced with permission).

One detoxification mechanism would have been the shedding of oxygen-rich molecules. At the outset diverse easy-to-manufacture oxygen-rich substances, apparently including Fe<sub>3</sub>O<sub>4</sub>, would have been shed but with time, natural selection would favour molecules that were the least costly to shed and/or the most useful once produced. By the time of the appearance of the first metazoans, such molecules had come to include members of the collagen family, for collagen, which is essential for the formation of tissues, is present in all metazoans. Among the characteristics of collagen-family molecules are:

- the absolute requirement of molecular oxygen (O<sub>2</sub>) for their formation (Towe 1981),
- their repetitive structure, with periodic spacings that vary according to the particular variety of collagen,
- their accumulation in extracellular space,
- production in great quantities,
- their presence in all metazoans, including sponges, and
- their apparent total absence in unicellular eukaryotes (protists) (Towe 1981).

As noted, collagen could not have been formed until the availability of molecular oxygen had exceeded some minimal threshold (Towe 1981; Saul & Schwartz 2007). Yet just prior to the appearance of large numbers of metazoans during the main phase of the Cambrian Explosion around 520 Ma, the level of oxygen in the seas was actually falling (Des Marais *et al.* 1992; Squire *et al.* 2006). This indicates that the threshold for the formation of collagen had been passed well before, perhaps around 575 Ma when the first Ediacara-type megafossils appeared (Knoll *et al.* 2006), though most probably not before the end of the Gaskiers glaciation, 580 ± 1 Ma, at which time the deep ocean was anoxic (Canfield *et al.* 2007). Additional arguments indicate that by the latest Precambrian certain burrowing creatures and others possessed structures with properties akin to those conferred by collagen (but unlike chitin) (Dzik 1999). Yet the complexity and perhaps the size of multicelled creatures in Ediacaran times had been constrained:

- perhaps because the quality of collagen was poor, either because of chemical constraints or lack of sufficient time for selective winnowing (Saul & Schwartz 2007),
- perhaps because the mechanism of gastrulation had not yet evolved among embryo-like animals (Saul 2007), and
- by other factors, presumably including the limits to the efficiency of animals lacking well defined symmetry or metamerism.

Yet behind any and all such considerations is the possibility that creatures in these times were starved for nutrients, specifically for the phosphorus required in order to form the energy-currency molecule ATP (adenosine 5'-triphosphate) in sufficient quantities to maintain active metazoans of non-microscopic sizes.

## Phosphorus and the Pan-African event

Exceptional quantities of phosphorus may have become available around this time, derived from the erosion of what Squire *et al.* (2006) call the 'Transgondwanan Supermountain', an extraordinary topographic feature formed by the oblique collision of East and West Gondwanaland in late Pan-African times (Squire *et al.* 2006). Its dimensions were 8000+ km long by 1000+ km wide and it extended from what would become southern Israel through north-eastern and eastern Africa, Madagascar, west Australia and into Antarctica. Erosion of this mountain was quantitatively and qualitatively unique for it occurred in conditions of high rainfall at a time when soil biota may have already 'evolved to the point that they could accelerate chemical weathering' (Squire *et al.* 2006, p. 127), but before the appearance of rooted plants that might retain the soil (Squire *et al.* 2006). The consequence was a uniquely large and rapid flux of phosphorous into the oceans commencing about 650 Ma, along with a near simultaneous influx of Fe, Sr, Ca and bicarbonate ions (Squire *et al.* 2006).

The concurrent increase in the  $^{87}\text{Sr}/^{86}\text{Sr}$  ratio in marine sediments (Squire *et al.* 2006) during this episode contrasts with the lack of a similar increase during the earlier Grenville orogenic cycle at 1200–900 Ma (Squire *et al.* 2006). For whereas strontium, whose residence time in the ocean is  $2.5 \times 10^6$  years (Squire *et al.* 2006), had been cleared from the oceans during the Grenville cycle, the flux of Sr around 650 Ma had evidently been too great to be cleared (Squire *et al.* 2006). This argument has been extended to phosphorus, whose oceanic residence time is some 25 times shorter than that of strontium (Squire *et al.* 2006), thereby providing an explanation for the apparently unprecedented deposition of substantial phosphate beds in the late Neoproterozoic, a consequence of the influx of phosphorous far in excess of worldwide metabolic uptake.

On its own, the phosphorous provided by the erosion of the Transgondwanan Supermountain does not adequately explain all the 'first appearances' evoked earlier because events during these 200–

300 Ma possessed a fine structure spread over a longer period than the presumed erosion of the Supermountain. In addition to Snowball episodes, events during this interval included a series of oceanic anoxic events between 800 and 600 Ma (Donnelly *et al.* 1990) and a double phosphogenic event close to the Precambrian–Cambrian boundary (Brasier 1990). Thus, rather than evoking the extraordinary erosion of the Supermountain as a one-time solitary event, it seems necessary to consider the several closely spaced continent-to-continent collisions during Pan-African times (Veevers 2003), their respective mountain-building and erosional sequels, and their culmination with the uplift and erosion of the Transgondwanan Supermountain. 'Pan-African' is the name given to this multiphased happening which, despite its name, affected all of Gondwanaland, not just Africa (Veevers 2003). The Pan-African Event was itself unique (Veevers 2003), and the Pan-African Supermountain doubly so.

## Calcium and calcium detoxification

Oxygen had first become abundant and then phosphorous. Yet excess oxygen is toxic to many creatures and, as deduced here, was excreted by the unicellular ancestors of the metazoa in the form of the 'oxygen expensive' (Towe 1970, p. 781) molecules of the collagen family (Saul 2007; Saul & Schwartz 2007).

The formation of collagen was a necessary precursor for the formation of animalian tissues for the early metazoans, all of which were small and soft-bodied. By ~542 Ma, phosphorus had provided the energy that enabled them to grow larger. But in the times that followed, from 543 to 515 Ma, the calcium content of seawater increased by a factor of three (Squire *et al.* 2006) and calcium is also toxic. Indeed, 'the calcium ion is pharmacologically one of the most disruptive substances for normal cell function', with the intracellular concentrations of calcium ions carefully regulated (Simkiss 1977, p. 199). Thus salt-water biofilms of the cholera bacteria *Vibrio cholerae* disintegrate when a calcium-binding compound is added to their environment, an effect that does not occur when ions other than those of calcium are similarly bound (Kierek & Watnick 2003). Expressed more broadly, 'calcium makes germs cluster' (Harder 2003, p. 293).

As 'a toxic ion that must be removed from most cells' (Simkiss 1977, p. 199), calcium accumulates 'extracellularly' and the occurrence of calcium deposits may therefore represent a form of 'detoxification' (Simkiss 1977, p. 199). Hence 'biomineralization may

be a cellular detoxification mechanism' (Simkiss 1977, p. 199), and the removal of calcium by a wide variety of metazoans by precipitation in the form of highly insoluble intracellular granules 'may be energetically more economical than pumping it out of the cells into a supersaturated body fluid' (Simkiss 1977, p. 199).

When oxygen and calcium are simultaneously present in toxic amounts, the two may be inexpensively excreted together in molecules of  $\text{CaCO}_3$ , with taxa that manufactured aragonite appearing earlier (Porter 2007). Here the notion of 'inexpensive' is contingent on the concurrent availability of carbon, just as 'inexpensive' in the earlier Fe-rich seas had permitted or favoured or required anaerobes to sequester oxygen as magnetite,  $\text{Fe}_3\text{O}_4$ .

A published survey of calcium deposition in diverse invertebrate tissue samples indicates that Ag, Al, B, Ba, Cd, Co, Cr, Fe, Mg, Mn, Ni, Pb, Si, Sr and zinc phosphate have been detected within Ca-rich granules (Simkiss 1977). These substances are present in widely different ratios from one sample to another, apparently reflecting the toxins to which individual creatures had been exposed. A generalized excretory mechanism is thus indicated, a mechanism by which undesired cations can be eliminated in conjunction with an oxide, carbonate, phosphate, oxalate or other oxygen-rich anion. In this view, cases of ossified metastases in muscles and other soft tissues (Geukens *et al.* 2001) may be attributed to a multistep dysfunction of an ancient system for the detoxification and sequestration of oxygen.

The evident adaptability of this ancient mechanism suggests that it may have been co-opted for additional biological functions and, likewise, that its dysfunction may be implicated in pathologies other than cancer. It also supports the notion that haemoglobin may have originally functioned as an oxygen scavenger (Minning *et al.* 1999).

## Silica and calcium: common mechanisms in biomineralization

Hard parts composed of hydroxylapatite,  $\text{Ca}_5(\text{PO}_4)_3(\text{OH})$ , or other phosphate minerals first appear towards earliest Cambrian times and may reflect an abundance or bio-surplus of phosphorus. Something similar may be said of the slightly earlier appearance of hard parts of silica,  $\text{SiO}_2 \cdot n\text{H}_2\text{O}$ , known only in certain protists, algae, glass sponges (Hexactinellida), and among Demospongiae possessing spicules of silica and skeletons of the collagen-like protein spongin. These chronologically early uses of

silica may reflect seawater conditions in times well before the culmination of the Pan-African during which Si had been available in abundance, phosphorous was still rare, and oxygen, but not (yet) calcium, was present in toxic concentrations.

Another type of biomineralization is known among the Sclerospongiae (coralline sponges), a poorly defined group present since Cambrian times, some of whose members have spicules of aragonite or calcite which have been secreted over a siliceous base. Observations of Sclerospongiae have led to a suggestion that 'there may be some common mechanisms in these rather different [Si- and Ca-] systems of mineralization (Simkiss & Wilbur 1989, p. 143). But since the Sclerospongiae also produce spongin, which is a phylum-specific variety of collagen (K. Towe, personal communication, 2004), collagen too may be provisionally attributed to these 'common mechanisms'. In recent years, better-understood features of these mechanisms have been harnessed in the manufacture of hybrid materials for biocompatible medical implants, with collagen used 'as an organic template that binds silicic acid whose condensation results in local silicification and strengthening' (Heinemann *et al.* 2007, p. 1).

## Conservation of biomineralizing pathways

In the course of the emergence of Ca biomineralization, aragonite or calcite, whichever was easiest to precipitate, was first employed (Porter 2007). Yet despite subsequent changes to the chemistry of the seas, 'taxa rarely switched mineralogies' (Porter 2007, p. 1302), thus indicating a conservation of mineralizing pathways as regards calcium. Comparable pathway conservation may have been maintained for phylum-specific and other varieties of collagen, for non-collagenous agglutinating molecules, and for chitin,  $(\text{C}_8\text{H}_{13}\text{O}_5\text{N})_n$ , a material which is 'sensitive to oxygen availability' (Towe 1985, p. 677) for its strengthening but not its biosynthesis (Towe 1985). In investigating such matters, it will be useful, and perhaps necessary, to relate the secretion of each substance to the great numbers of biochemical mechanisms employed by organisms to detoxify reactive oxygen species and derivatives (Raymond & Segrè 2006, p. 1764).

Tissues require an exquisitely dosed supply of oxygen in order to maintain moment-to-moment ATP requirements. Changes and imbalances in this supply may initially manifest themselves in the production, weakening, alteration, aging or pathology of collagen.

## Conclusion

Many of the events comprising the emergence of complex life appear to have been driven by the need for individual cells to rid themselves of toxic excesses of oxygen and calcium. This commonly involved the concurrent shedding of other elements (Fe, Si, P and C, in particular) which were available at the times oxygen, calcium or other elements reached toxic concentrations. The shedding into extracellular space of oxygen-expensive molecules of the collagen family induced tissue-like structures to come into being, necessitated cell-to-cell cooperation, and led to the emergence of the metazoa. The emergence of complex animals with mineralized hard parts followed as a consequence of the periodic structure of molecules of the collagen family whose regularly spaced anchor-points were well suited to serve as templates or guides for the epitaxial deposition of diverse minerals.

*Acknowledgements.* – I thank Arthur J. Boucot, Tom Fenchel, Bland J. Finlay, John C. Harshbarger, George Mayer, Susannah Porter, A.V. Sankaran, Laurent Schwartz, John B. Southard, Rick Squire and Kenneth M. Towe for their help and encouragement.

## References

- Brasier, M.D. 1990: Phosphogenic events and skeletal preservation across the Precambrian-Cambrian boundary interval. In Notholt, A.J.G. & Jarvis, I. (eds): *Phosphorite Research and Development, volume 52*, 289–303. Geological Society [London] Special Publication. Geological Society of London, London, UK.
- Canfield, D.E., Poulton, S.W. & Narbonne, G.M. 2007: Late-Neoproterozoic deep-ocean oxygenation and the rise of animal life. *Science* 315, 92–95.
- Chen, J.-Y., Bottjer, D.J., Oliveri, P., Dornbos, S.Q., Gao, F., Ruffins, S., Chi, H.-M., Li, C.-W. & Davidson, E.W. 2004: Small bilaterian fossils from 40 to 55 million years before the Cambrian. *Science* 305, 218–222.
- Culver, S.J. 1991: Early Cambrian foraminifera from West Africa. *Science* 254, 689–691.
- Des Marais, D.J., Strauss, H., Summons, R.E. & Hayes, J.M. 1992: Carbon isotope evidence for the stepwise oxidation of the Proterozoic environment. *Nature* 359, 605–609.
- Donnelly, T.H., Shergold, J.H., Southgate, P.N. & Barnes, C.J. 1990: Events leading to global phosphogenesis around the Proterozoic/Cambrian boundary. In Notholt, A.J.G. & Jarvis, I. (eds): *Phosphorite Research and Development, volume 52*, 273–287. Geological Society [London] Special Publication, Geological Society of London, London, UK.
- Dzik, J. 1999: Organic membranous skeleton of the Precambrian metazoans from Namibia. *Geology* 27, 519–522.
- Dzik, J. 2005: Behavioral and anatomical unity of the earliest burrowing animals and the cause of the ‘Cambrian Explosion’. *Paleobiology* 31, 503–521.
- Fenchel, T. & Finlay, B.J. 1995: *Ecology and Evolution in Anoxic Worlds*, 276 pp. Oxford University Press, Oxford, UK.
- Geukens, D.M., Vande Berg, B.C., Malghem, J., De Nayer, P., Galant, C. & Lecouvet, F.E. 2001: Ossifying muscle metastases from an esophageal adenocarcinoma mimicking myositis ossificans. *American Journal of Roentgenology* 176, 1165–1166.
- Hagadorn, J.W., Xiao, S.-H., Donoghue, P.C.J., Bengtson, S., Gostling, N.J., Pawlowska, M., Raff, E.C., Raff, R.A., Turner, F.R., Yin, C.-Y., Zhou, C.-M., Yuan, X.-L., McFeely, M.B., Stampanoni, M. & Neelson, K.H. 2006: Cellular and subcellular structure of Neoproterozoic animal embryos. *Science* 314, 291–294.
- Harder, B. 2003: Calcium makes germs cluster: ion dilution leads cholera bacteria to disperse. *Science News* 164, 293–294.
- Heinemann, S., Ehrlich, H., Knieb, C. & Hanke, T. 2007: Biomimetically inspired hybrid materials based on silicified collagen. *International Journal of Materials Research* 98, 1–7.
- Johnsen, S. & Lohmann, K.J. 2008: Magnetoreception in animals. *Physics Today* 61, 29–35.
- Kierek, K. & Watnick, P.I. 2003: Environmental determinants of *Vibrio cholerae* biofilm development. *Applied and Environmental Microbiology* 69, 5079–5088.
- Knoll, A.H. & Lipps, J.H. 1993: Evolutionary history of prokaryotes and protists. In Lipps, J.H. (ed.): *Fossil Prokaryotes and Protists*, 19–29. Blackwell Scientific, Boston, Massachusetts.
- Knoll, A.H., Walter, M.R., Narbonne, G.M. & Christie-Blick, N. 2006: The Ediacaran period: a new addition to the geologic time scale. *Lethaia* 39, 13–30.
- Kump, L.R. & Barley, M.E. 2007: Increased subaerial volcanism and the rise of atmospheric oxygen 2.5 billion years ago. *Nature* 448, 1033–1036.
- Minning, D.M., Gow, A.J., Bonaventura, J., Braun, R., Dewhirst, M., Goldberg, D.E. & Stamler, J.S. 1999: Ascaris haemoglobin is a nitric oxide-activated ‘deoxygenase’. *Nature* 401, 497–502.
- Nursall, J.R. 1959: Oxygen as a prerequisite to the origin of metazoa. *Nature* 183, 1170–1172.
- Parcha, S.K., Singh, B.P. & Singh Birendra P. 2005: Palaeoecological significance of the ichnofossils from the Early Cambrian succession of the Spiti Valley, Tethys Himalaya, India. *Current Science* 88, 158–162.
- Porter, S.M. 2007: Seawater chemistry and early carbonate biomineralization. *Science* 316, 1302.
- Raymond, J. & Segrè, D. 2006: The effects of oxygen on biochemical networks and the evolution of complex life. *Science* 311, 1764–1767.
- Ridgwell, A.J., Kennedy, M.J. & Caldeira, K. 2003: Carbonate deposition, climate stability, and Neoproterozoic ice ages. *Science* 302, 859–862.
- Saul, J.M. 1994: Cancer and autoimmune disease: a Cambrian couple? *Geology* 22, 5.
- Saul, J.M. 2007: Origin of the phyla and cancer. *Lethaia* 40, 359–363.
- Saul, J.M. & Schwartz, L. 2007: Cancer as a consequence of the rising level of oxygen in the Late Precambrian. *Lethaia* 40, 211–220.
- Signor, P.W. & Lipps, J.H. 1992: Origin and early radiation of the metazoa. In Lipps, J.H. & Signor, P.W. (eds): *Origin and Early Evolution of the Metazoa*, 3–23. Plenum Press, New York.
- Simkiss, K. & Wilbur, K.M. 1989: *Biomineralization*, 337 pp. Academic Press, San Diego, California.
- Simkiss, K. 1977: Biomineralization and detoxification. *Calcified Tissue Research* 24, 199–200.
- Sonnenschein, C. & Soto, A. 1999: *The Society of Cells*, 154 pp. Bios Scientific, Oxford, UK.
- Squire, R.J., Campbell, I.H., Allen, C.M. & Wilson, C.J.L. 2006: Did the Transgondwanan Supermountain trigger the explosive radiation of animals on Earth? *Earth and Planetary Science Letters* 250, 116–133.
- Towe, K.M. 1970: Oxygen-collagen priority and the early metazoan fossil record. *Proceedings of the National Academy of Sciences, U.S.A.* 65, 781–788.
- Towe, K.M. 1981: Biochemical keys to the emergence of complex life. In Billingham, J. (ed.): *Life in the Universe*, 297–305. MIT Press, Cambridge, Massachusetts.
- Towe, K.M. 1985: A role for collagen and chitin in the early evolution of metazoans. *Geological Society of America, Abstracts* 16, no. 33354, p. 677.
- Veevers, J.J. 2003: Pan-African is Pan-Gondwanaland: oblique convergence drives rotation during 650–500 Ma assembly. *Geology* 31, 501–504.